

SATURDAY JUNE 11TH



9:00AM-4:00PM

600 BLOCK BROADWAY AVE

SCHEDULE OF EVENTS

8:00AM-9:00AM REGISTRATION/CLASS SIGN-UPS

9:00AM-9:35AM

RYDE YXE

JB PERFORMANCE BOOTCAMP

ASCENSION MARTIAL ARTS

9:45AM-10:20AM

ACRO YOGA

GROUND YOGA

SASK RUN CLUB 3-5KM

SUMMIT BOOTCAMP

ASCENSION MARTIAL ARTS FOR KIDS

10:30AM-11:05AM

RYDE YXE

JB PERFORMANCE BOOTCAMP

ASCENSION MARTIAL ARTS

11:15AM-11:50AM

ACRO YOGA

GROUND YOGA

SASK RUN CLUB 3-5KM

SUMMIT BOOTCAMP

ASCENSION MARTIAL ARTS FOR KIDS

12:00PM-12:35PM

SUMMIT RECOVERY/STRETCH

1:00PM-1:35PM

RYDE YXE

JB PERFORMANCE BOOTCAMP

ASCENSION MARTIAL ARTS

1:45PM-2:20PM

ACRO YOGA

GROUND YOGA

SASK RUN CLUB 3-5KM

ASCENSION MARTIAL ARTS FOR KIDS

2:30PM-3:05PM

RYDE YXE

JB PERFORMANCE BOOTCAMP

ASCENSION MARTIAL ARTS

3:15PM-4:50PM

INTRO TO THAI MASSAGE

GROUND YOGA

ASCENSION MARTIAL ARTS FOR KIDS

LUNCH BREAK 11:50AM-1:00PM

PRIZE DRAWS 5:00PM